

## Realisation Space (The Grid) by David Wilkinson

### An approach to problem solving

Involved person	You	Angel	
<p><b>5.</b> What advice would they give you about the solution to the problem?</p>	<p><b>9.</b> What have you learnt;            a. about the problem            b. about you            c. what to do next</p>	<p><b>8.</b> What advice would the objective and caring angel give you about the problem and about you and your relationship to the problem?</p>	Future
<p><b>3.a</b> How would the other person describe the problem</p> <p><b>3.b</b> What comment would they make about your description of the problem?</p>	<p><b>1.</b> Start here – Describe the problem from your perspective – as you see it now.</p>	<p><b>6.</b> Imagine an angle has been watching you. What would they say as an objective and caring observer about the problem, your views of it and the others views of it?</p>	Now
<p><b>4.</b> What would they say the history of the problem was?</p>	<p><b>2.</b> What led to the problem being a problem? What is it's history?</p>	<p><b>7.</b> The angel knows the history of this problem. They have seen what you and the other person have not seen. What would they tell you about the problem? First things that you think.</p>	Past

